

# BUILDING TOGETHER

## MAY 2025



## The Importance of Work-Life Balance



Achieving a healthy work-life balance is essential for maintaining both mental and physical well-being. Managing your personal schedule is just as important as managing your work responsibilities. Here are a few key reasons why prioritizing work-life balance matters:

### 1. Improves Physical Health

Overworking can lead to serious health issues such as heart disease, obesity, and sleep disorders. It's important to carve out time for physical activity. That might mean taking evening walks with your partner, picking up a hobby like running or golf, joining a summer softball league, or playing pickleball in the winter. Even simply going to the gym regularly can make a big difference.

### 2. Enhances Mental Health

A balanced lifestyle helps reduce stress and anxiety. When you take time to relax and enjoy activities you love, you're less likely to experience burnout. Making space for rest and recreation can improve your overall mindset and performance at work.

### 3. Strengthens Relationships

Spending quality time with friends and family is vital for nurturing strong relationships. A balanced life allows you to be fully present—whether you're attending your kids' sporting events, going to concerts, or simply being available to talk and connect.

Let's not forget about floating holidays. EV has generously allowed us to choose when and how we use them. We live in one of the most beautiful states in the country—when was the last time you explored it?

Have you walked the trails at one of Michigan's state parks just to enjoy nature? Have you visited Sleeping Bear Dunes? Crossed the Mackinac Bridge? Taken your family to Mackinac Island? Witnessed the beauty of Pictured Rocks near Munising? These are just a few of the many budget-friendly vacation opportunities Michigan offers.

The construction world can be demanding—but it's vital to make time for yourself and your family. Prioritize your well-being. The work will still get done!

Sincerely,

*Ryan Fuller*

Interiors Division Manager





## Upcoming Dates to Note



June 11 | 2:45 PM | Corporate Safety Meeting  
June 11 | 3:30 PM | EVYouniversity - Estate Planning  
June 19 | 3:00 PM | Division Managers Meeting  
June 21 | 11:00AM-8:00 PM | EV Company Outing to Michigan's Adventure  
July 4 | Independence Day - EV Closed  
July 9 | 2:45 PM | Corporate Safety Meeting  
July 29 | 1:00-4:00 PM | Future Builders at Pine Rest

Check for more information on EVinsite!

## Construction Terminology

### Cross Bracing

Cross Bracing refers to diagonal supports that cross in an X-shaped manner to provide additional supports to a structure. It is an excellent way to improve structural stability and performance in a building.

**We're Hiring**  
Help EV find your new coworkers!  
Our open positions include:

Project Manager  
Assistant Project Manager  
Senior Preconstruction Manager

Tradespeople:  
Carpenters  
Steel Stud Framers  
Firestop Technician

RECENTLY AWARDED



### Moorings Park Upgrades - Renovation and Site Improvements Naples, FL

- **Pursuit Team:** John Parker, Dan Behler, C.J. MacKenzie, and Brian Piper
- **Project Description:** We have two projects under contract for Moorings Park. The campus has 12 independent living buildings, and over the next year we will renovate one lobby each month. They are focusing on establishing a new theme throughout the campus, thus making all the lobby's the same decor rather than the three themes they have now. Our other contract consists of removing 7,000-LF of 6' wide rubber walking and golf cart paths and replacing them with new concrete paths with an athletic coating. The new athletic coating will capture roughly 4,400-LF of the path and serve as a new exercise track for the residents.
- **Project Budget:** \$2.5M
- **Project Schedule:** June, 2025 - June, 2026

GETTING STARTED



### GRFD - Division Avenue Fire Station - New Construction Grand Rapids, MI

- **Senior Project Manager:** Curt Hielke
- **Project Manager:** Scott McConnelee
- **Assistant Project Manager:** Abby Leatherman
- **Senior Field Manager:** Dan Jenema
- **Project Description:** The GRFD is currently demolishing the existing warehouse located at this site to make way for a new 18,900-SF station. The two-story building will have three apparatus bays, GRFD operations, a fitness room and training/community room on the main level. Living quarters on the second floor include dorm rooms, a day room, kitchen, and officer's quarters. This project breaks ground on June 16.
- **Self-Perform Trades:** Firestopping and General Trades
- **Project Budget:** \$10.0M
- **Project Schedule:** June, 2025 - September, 2026





## Welcome to EV!



**Noah Burtovoy**  
Assistant Preconstruction  
Manager



**Tyler VanderZwaag**  
Assistant Project  
Manager



**Ethan Britton**  
Assistant Project  
Manager



**Melissa Daleiden**  
Warehouse Assistant



**Christian Myers-Wilson**  
Interiors Laborer

### UNDERWAY



#### **Pine Rest Pediatric Center of Behavioral Health - New Construction Grand Rapids, MI**

- **Project Executive:** Joe Novakoski
- **Senior Project Manager:** Brett Lesiewicz
- **Project Manager:** Judd VanBergen
- **Assistant Project Manager:** C.J. Thompson
- **Senior Field Manager:** Ryan Geurink
- **Field Manager:** Joe Shashaguay, Jr.
- **Project Description:** We are about half-way through this project and our self-perform trades are in high gear. On the second floor, our team is installing ceiling grid and cabinets and working on finish painting. On the first floor we are working on steel stud framing and trim work in addition to what we are doing on the second floor. Nearly half our field personnel are currently onsite.
- **Self-Perform Trades:** Firestopping, General Trades, Interiors and Painting
- **Project Budget:** \$70.0M
- **Project Schedule:** March, 2024 - March, 2026

### WRAPPING UP



#### **Corewell Health Blodgett - Floors 2, 3, and 6 - Renovation Grand Rapids, MI**

- **Senior Project Manager:** Jared Andersen
- **Assistant Project Manager:** Julie Cole-Bouwens
- **Field Manager:** Nate Stuart
- **Project Description:** The construction project is nearing completion, with significant progress in key areas. Areas A and B passed inspections by the local and BFS inspectors, enabling furniture installation to begin on June 2, 2025. Area C is undergoing final painting this week, with devicing scheduled to start the week after. Additionally, elevator lobby refreshes have been added and are on track to be completed on time with the rest of the project.
- **Self-Perform Trades:** General Trades and Firestopping
- **Project Budget:** \$12.3M
- **Project Schedule:** January, 2023 - July, 2025

## Thrive Together Pulse

Know your benefits: At May's safety meeting, EV welcomed Chelsey Koster from Advantage Benefits Group (ABG) to discuss effective utilization of our insurance benefits. Referencing the "Know Your Benefits" presentation, Chelsey highlighted strategies for managing medical bills and upcoming procedures cost-effectively while avoiding common billing errors. Key points included the importance of reviewing the Explanation of Benefits (EOB) against medical bills to spot discrepancies, such as charges for unrendered services, double billing, or upcoding, as outlined in the "Code Violations on Your Bill" slide. She also emphasized using tools like the Priority Health Cost Estimator to compare costs across providers and the Priority Rewards program, which offers \$50-\$200 rewards for choosing low-cost, high-quality providers, as detailed in the "Cost Estimator & Priority Rewards" slide.

With all the slides and information shown at May's safety meeting the summary of it all is health insurance can be complicated, confusing, and overwhelming, but Chelsey and her team at ABG are valuable, underutilized resources for all of EV to address your questions. Wondering why you're getting multiple bills, if a check-up should be covered, or whether a bill makes sense? Need to know the cost of a surgery outside insurance coverage or find an in-network doctor for a specific condition? Contacting ABG can save you money, so don't hesitate to ask! Employees can also download the Priority Health app to track claims, find in-network doctors, and use the Cost Estimator for smarter healthcare decisions.

Reach Chelsey Koster at [ckoster@advantageben.com](mailto:ckoster@advantageben.com) or the ABG office at (616) 458-3597.

Be Well, Scott McConnelee

### Health Tip Reminders

(We will keep an ongoing list from past posts.)

1. [TytoCare Medical Exam Kit](#)
2. [Wellness Drinks](#)

## Welcome our summer interns and seasonal help!



**Isabella Danckaert**  
Marketing & Experience  
Intern



**Dawson Schroder**  
Project Management Intern

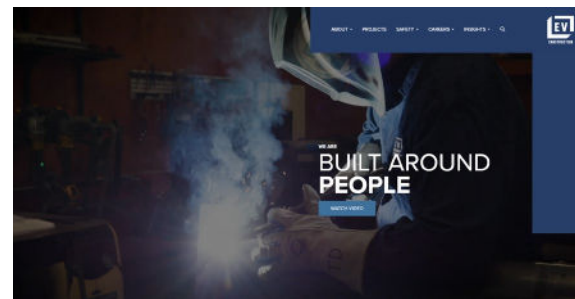


**Josh Molewyk**  
Project Management Intern



**Andrew Kroft**  
Summer Help

## Visit our new website!



This month, EV Construction launched a new website. Not only is the content and appearance updated, but the site contains all new photography, and a new video featuring many of our talented team members.

Pro tip: From the homepage, select the "about" drop down selection box and go to "history". Many people have named the history wheel as their favorite part of the site.