

BUILDING TOGETHER

JUNE 2025



Extending Our Culture of Safety to the Ones We Love: CPR Training for Families



At EV Construction, safety isn't just a tag line, it's who we are. It's the foundation of our work, and increasingly, it's becoming a value we bring home. For me, it's things like making the choice to wear safety glasses while weed whipping the yard, grabbing the ladder instead of balancing on something nearby, or wearing ear protection when leaf blowing. I'll admit that my "pre-EV" self didn't consider, or even realize, some of the basic safety tactics I was overlooking. Today, I'm making better choices, planning through personal projects in a different way, and thinking more about the people who rely on me in situations where I could "just quickly get this done."

While proper PPE, better planning, and "Leading from the Heart" at home has become a norm outside of work, where injuries and emergencies can still occur. As many of you know, Laura and I have four kids, ages six and under. We do our best, but I'm not sure a day goes by without some kind of incident: a bump, a bruise, a cut, a sliver, a choking scare... Most of the time it's minor, but occasionally it's more serious. I remember specific moments at home, when a kid was injured, or a situation called for first aid, and I realized how much more equipped I felt to respond. It wasn't because I enjoy dealing with medical emergencies (in fact, I don't love the sight of blood), but because I had the training to stay calm, assess what was needed, and act. It struck me at the time that my wife didn't have the same preparation,

and I thought, "wouldn't it be great if she could learn what I had?"

Of course, life gets busy. Kids need watching, schedules fill up, and finding the right training session for her was hard to coordinate. For a year or so I thought, "maybe we should do some sort of training for loved ones through EV." I'm sure others are in the same boat. In recent conversations with Chris, our Director of Safety, we finally found a way to make it happen. That's why I'm especially proud of an upcoming opportunity to expand our safety culture beyond the walls of EV and into our own families: a First Aid & CPR Training on Wednesday, July 23, from 5:00–8:00 PM at the EV Warehouse.

I'll end with a quote I like: "You don't rise to the occasion; you fall to the level of your training." I hope you'll encourage your spouse, partner, or loved one to take advantage of this free training. Details can be found in the flyer included in this newsletter. Let's keep building a culture where safety doesn't stop at the jobsite— it sits at the dinner table too.

Sincerely,

Vice President of Project Management



Upcoming Dates to Note



July 4 | Independence Day - EV Closed
July 9 | 2:45 PM | Corporate Safety Meeting
July 21 | 3:00-4:00 PM | FM/PM Meeting at Pine Rest
July 23 | 5:00-8:00 PM | First Aid & CPR Training - [Register Now!](#)
July 29 | 1:00-4:00 PM | Future Builders at Pine Rest - [Register Now!](#)

Check for more information on EVinsite!

Welcome to EV!



Ethan Stempky
Assistant Project Manager



Alec White
FSD Technician



Lukas Cook
Sitework



We're Hiring

Help EV find your new coworkers!
Our open positions include:

Office:

Project Manager
Senior Preconstruction Manager

Field:

Carpenter
Sitework Operator
Firestop Technician
Interiors

Reminder: Register for Future Builders

REGISTER NOW!

FUTURE BUILDERS
2025

LOAD UP THE CREW
AND JOIN US!

Join us with your family for an interactive experience designed to spark creativity and curiosity in the next generation of builders. Kids will gear up in PPE, try out tools, and explore the exciting world of construction through engaging stations.

TUESDAY | JULY 29 | 2:00-5:00 PM

LOCATION:
EV Construction Project Site
Pine Rest Pediatric Center of
Behavioral Health
440 72nd Street SE,
Grand Rapids, Michigan, 49548

REGISTER HERE:
Recommended for
school-aged children.
Please refer to the event
landing page for more
information.

Our Future Builders event (Bring Your Kid to Work Day) will be held on Tuesday, July 29, at the Pine Rest PCBH project from 2:00-5:00 PM! Two weeks left to register and submit your waivers! We'd love to see you all there with your kids/grandkids/nieces/nephews.

Registration closes July 11! Please see the attached invitation and register via the QR code or by clicking the event link under the invite.

[Register Here for Future Builders](#)

Construction Terminology

Voided Biaxial Slab
This is a reinforced concrete slab with voids to reduce the volume of concrete. These slabs are generally prefabricated and are one-way spanning.

RECENTLY AWARDED



Holland Hospital Westpark MOB - New Construction Zeeland, MI

- Pursuit Team:** Dan Behler, Jared Andersen, C.J. Mackenzie, Madelyn Wright, and Joe Novakoski.
- Project Description:** This 72,000-SF medical office building for Holland Hospital will house multiple specialty clinics and medical office spaces, while providing flexibility for future growth and expansion in the years to come. The project will be located in Zeeland, on the same property as Holland Hospital's current walk-in facility. Progressive Companies will provide design services, including all architecture and engineering.
- Self-Perform Trades:** Demolition, Sitework, Carpentry, General Trades, Firestopping, Interiors, and Painting
- Project Budget:** \$38.6M
- Project Schedule:** January, 2026 - September, 2027

UNDERWAY



Tommy's Express Car Wash - New Construction Allendale, MI

- Project Executive:** Jordan Gougeon
- Assistant Project Manager:** C.J. Thompson
- Field Manager:** Dan Koscielski
- Project Description:** Coming soon, another Tommy's Express! This one is located in Allendale just down the street from Grand Valley State University. Tommy's Allendale will have three pay lanes and 15 vacuums.
- Self-Perform Trades:** Facilities Services Division (Steel), General Trades, Interiors, and Painting
- Project Budget:** \$2.5M
- Project Schedule:** March, 2025 - September, 2025

GETTING STARTED



First Presbyterian Church of Flint - Renovation Flint, MI

- Project Manager:** Charlie Bennett
- Field Manager:** Marcelo Laranja
- Project Description:** This interior renovation project for First Presbyterian Church of Flint is EV's second project with this client. This renovation will provide a highly-needed updated space to support the church's youth ministry program, called "The Pipe," a program which has seen significant growth in the past few years. This renovated space will also provide areas for the church's wider community support programs and initiatives. EV Construction has a strong relationship with this church, having been selected as construction manager for this project based on the success of our previous renovation at the church, "The Grove," in 2019.
- Self-Perform Trades:** General Trades and Interiors
- Project Budget:** \$4.3M
- Project Schedule:** July, 2025 - February, 2026

WRAPPING UP



Bronson South Haven Hospital - Blue Star Lobby & Administration Spaces - Renovation South Haven, MI

- Project Manager:** Mike O'Connor
- Assistant Project Manager:** Jeremy Brandsen
- Project Description:** This 2,800-SF renovation project is nearing completion and includes updates to the hospital's waiting room, two restrooms, reception areas, and employee spaces. Scope of work includes new flooring and base, wall and ceiling patching and painting, updated lighting and receptacles, transaction tops, wall protection, and restroom fixtures and accessories. The refreshed space will provide a more welcoming and functional environment for both patients and staff.
- Self-Perform Trades:** Demolition, General Trades, Carpentry, Interiors, and Painting
- Project Budget:** \$134,200
- Project Schedule:** June, 2025

Thrive Together Pulse

At this month's safety meeting, we welcomed Dr. Dale Collier from Holland Hospital Sleep Center to discuss the critical role of healthy sleep habits in our personal and professional lives. Dr. Collier emphasized that consistent, quality sleep—ideally seven to nine hours nightly—is foundational for physical health, mental clarity, and overall well-being. He shared practical sleep hygiene tips such as maintaining a consistent bedtime, limiting caffeine (energy drinks) and screen time before bed, and ensuring a cool, dark, and quiet sleeping environment. The session also covered special considerations for those who work second jobs and/or have inconsistent sleep hours, noting that disrupted sleep patterns can lead to excessive fatigue, headaches, and irritability.

Spotlighting Sleep Disorders and When to Seek Help:

The presentation also shed light on common sleep disorders, particularly sleep apnea and shift work disorder. Dr. Collier explained that symptoms like loud snoring, daytime fatigue, and difficulty concentrating may indicate sleep apnea which is a condition that affects millions and can lead to serious health risks if left untreated. He strongly encouraged anyone experiencing chronic sleep issues to talk with their primary care provider and consider sleep testing, if needed. The message was clear: taking sleep seriously isn't just about feeling better day-to-day—it's also about reducing workplace risks, boosting productivity, and protecting long-term health.

Be Well, Scott McConnelee

Contact!

For more information, check out:

<https://www.hollandhospital.org/find-a-service/sleep-center>

PULMONARY & SLEEP MEDICINE

Lisa VanderLoon

Program Manager

854 Washington Avenue, Suite 150

Holland, MI 49423

616.395.2815

Health Tip Reminders

(We will keep an ongoing list from past posts.)

1. [TytoCare Medical Exam Kit](#)
2. [Wellness Drinks](#)

Welcome our summer interns and seasonal help!



Mackenzie Novakoski
Preconstruction
Intern



Manuel Ramirez
Summer Laborer



Brock Harburn
Summer Laborer



Bayron Diaz
Summer Laborer



Garrett Vansingel
Summer Laborer



Gibson Marlink
Summer Laborer



Ryan Ford
Summer Laborer



Alexis Howard
Summer Laborer

Congratulations!



We're thrilled to share that Hannah and Kole Thurlow welcomed their sweet baby girl, Stevie Joy, on June 18 at 7:09 AM—weighing in at 8 lbs 9 oz and 22" long! Be sure to congratulate Hannah when you see her!

